

Shere Punjab Fine Indian Cuisine

Phone: (207) 373-0422 Fax: (207) 373-0422



Sherepunjabme.com

V=Vegan

*= Gluten Free

Please ask your server how spicy would you like from 1 to 10.

"Consuming raw or undercooked meats, poultry, seafood, shellfish may increase your risk of foodborne illness."

SOUPS

<u>50015</u>	
V*Dal Shorba Soup	5.00
Traditional soup made with split peas & lentils, subtly flavored with Indian spices, garnished with cilantro.	
*Co-Co Nut Soup.	5.00
Shredded coconut made with whole milk, cream, nuts, sweet Indian spices and saffron.	
*Chicken Soup	5.00
A traditional soup made with small pieces of chicken, cilantro and Indian spices	
<u>APPETIZER</u>	
*Papadam: wafers made with lentils and black pepper	3.50
Samosa: Deep-fried spiced and shredded potato turnovers	
*Aloo Tikki: A pocket of spiced vegetables, deep fried	
*Onion Bhaji: Fresh vegetable fritters deep fried in vegetable oil	
*Paneer Pakora: Chunks of homemade cheese with low fat milk, rolled in chicken pea flour, deep fried	
Punjab Special Vegetarian: Mixed platter of appetizers; one piece each of samosa, Aloo Tikka, Pakora, Panee	
and Papadam	
*Chicken Tikka: Boneless pieces of chicken marinated in a special sauce, barbecued in Tandoor on hot coals, s	
bed of lettuce	
*House Salad: Lettuce, cucumbers, tomatoes and onions garnished with cranberries and walnuts tossed in our h	ome made
dressing	7.95
BREADS	
DREADS	
Roti/chapatti: Traditional Indian unleavened whole wheat bread	
Tandoori Roti: Traditional Indian unleavened whole wheat bread made in Tandoor in slow fire	
Bhatura (1Piece): Refined flour, deep fried and puffy bread.	5.00
Naan: Traditional Indian leavened with bread made by slapping it quickly on the sides of Tandoor	4.00
Plain Paratha: Unleavened, whole wheat, flaky multi layered bread topped with butter	
Poori (2Pieces): Soft balloon shaped bread made with whole-wheat flour	
Methi Poori: Whole wheat puffed bread sprinkled with fenugreek and deep fried	
Badami Naan: Leavened bread topped with sliced almonds, poppy seeds and hand peeled cantaloupe seeds	
Pudeena Paratha: Layered whole wheat buttered bread topped with dried mint	
Keema Naan: Freshly baked leavened bread stuffed with seasoned ground lamb	
Garlic Naan: Leavened, handmade white bread made with garlic, herbs, & Indians spices with butter	
Onion Kulcha: Leavened white bread topped with onions, Indian spices and cilantro	
Aloo Naan: Stuffed bread with potato and Indian spices	5.50
Mixed Vegetable Paratha: This layered bread is filled with potatoes, peas, cauliflower and homemade cheese,	saffron
and sweet spices	5.50
Punjabi Naan: Naan bread stuffed with coconut, saffron and sweet spices	5.50
Paneer Naan: Fresh homemade cheese with Indian spices	
1 and 1 vaai. Fresh homemuse theese with mutual spices.	3.30
BEVERAGES	
Darjeeling Tea: Our own choice blend imported from India	5.00
Masala Tea: Indian special tea with milk and sugar	
Milk, Sprite, Ginger Ale, Pepsi, Diet Pepsi, Mountain Dew:	
Lassi: Sweet yoghurt drink with rosewater and pistachios	
Mango Lassi: Lassi made with the mango pulp	6.00
Iced Tea: Indian spiced cold tea with a slice of lemon	5.00
Club soda:	4.00

DISHES (Lunch Menu)

*Chicken
Curry
*Chicken Tikka Saag
*Chicken Masala (Labadar). 14.00 Boneless chicken marinated in yogurt, charbroiled and sautéed in herbs. Simply fantastic!
*Chicken Mushroom
*Shrimp Curry
*Keema Mutter
*Lamb Curry
*Fish Curry
*Fish Masala (Haddock)
VEGETERIAN DELIGHTS (Lunch Menu)
*Dal
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*Dal Makhani14.00
*Dal Makhani

VEGETERIAN DELIGHT DINNER (Dinner Menu)

V*Vegetable Vindaloo19.00
A super-hot dish made with potatoes and very hot Indian spices – pure heat wave!
*Saag Dal19.00
Yellow beans sautéed with ginger, garlic and fresh spinach.
*Aloo Mutter
Fresh green peas, sautéed in a delicately spices sauce with potatoes.
*Dal Makhani19.00
Yellow lentils sautéed over a low flame, laced with cream, Indian spices and several in a typical Punjabi style
V*Chana Masala19.00
Chickpeas steamed with tomatoes, ginger, garlic, onions and Indian spices.
*Mutter Paneer19.00
Our flavorful blend of homemade cottage cheese and green peas, lightly seasoned with fresh herbs.
V*Aloo Gobhi
Fresh Cauliflower, potatoes, onions, ginger, garlic and Indian spices.
V*Bhindi Masala19.00
Okara cooked with fresh onions, ginger, garlic, tomatoes and Indian spices.
V*Baigan Bhartha19.00
Whole flame grilled eggplant mashed and seasoned with herbs and spices.
*Chana Saag19.00
Steamed chickpeas sautéed with spinach, ginger, garlic and Indian spices.
*Nav Ratna Korma19.00
A traditional merging of nine gems-fresh cauliflower, eggplant, green peppers, homemade cheese, green peas, potatoes,
tomatoes, cashews and raisins. Sautéed with ginger, garlic, onions, cardamom and cloves.
*Saag Paneer
A mound of lightly seasoned spinach in a steaming blend of light cream, our own cottage cheese and Indian spices.
*Malai Kofta19.00
True Mughlai delight – balls of freshly minced vegetables simmered in cardamoms. Saffron, garlic, cashews and raisins,
cooks in creamy sauce. A royal vegetarian delight!!
*Shahi Paneer
Chunks of cheese sautéed with ginger, garlic, onions and tomatoes; garnished with cashews and raisins.
*Karahi Paneer
Small chunks of cottage cheese and green pepper sautéed in Karahi (wok) with onions, tomatoes, ginger and coriander.
*Paneer Tikka Masala
Chunks of cheese sautéed in herbs and finished in a traditional Indian thick tomato based sauce.
*Mix Vegetable Masala19.00
Mixture of vegetables sautéed in herbs and finished in a traditional Indian thick tomato based sauce.
All dinners are served with Basmati rice and chutneys
<u>DESERTS</u>
Kheer: Beloved by everyone! Rice cooked in milk raisins, cardamom and nuts. Garnished with rosewater7.00
Mango Ice Cream: A great mango ice cream7.00
Gulab Jamun: An Indian desert. Small 1- inch diameter balls of flour and milk powdered deep-fried to golden and served
cold in syrup. Cake like texture
Rasgulla: Cheese balls in sugar syrup. This is a classic and very popular Indian sweet from Bengal made for special
occasions and usually served cold. This is a very sweet desert

Shere Punjab 46 Maine Street Brunswick, ME 04013 Ph #:(207) 373-0422 Fax #: (207) 373-0422 Sherepunjabme.com

BAHARE MURG - CHICKEN SPECIALTIES (Dinner Menu)

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*Chicken Curry19.9	95
Boneless chicken in a savory tomato, ginger, garlic & herb sauce with your choice of spiciness	
*Murg Kesari19.9	95
Tender pieces of chicken marinated in a mild milk based charbroiled and finished in a coconut curry with saffron	
*Murg Methi19.9	95
Tender pieces of chicken cooked with fresh fenugreek, cumin and coriander	
*Mango chicken19.9	95
Chicken cooked with mango chutney and mint sauce tempered with fresh coriander, ginger and curry leaves.	
*Murg Malabar19.5	95
From the state of Kerala – a popular dish of sautéed chicken curry flavored with coconut, onion and cream.	
*Butter Chicken	
Tender pieces of chicken sautéed with ginger, onions and garlic in a sauce made with tomatoes and cream, different Indian	n
spices and exotic herbs.	A =
*Chicken Korma19.9	95
Tender pieces of chicken in a special sauce with cashews, almonds and light cream.	0.5
*Chicken Vindaloo19.5	95
A super hot dish made with potatoes and very hot Indian spices. Pure heat wave!	05
Shahjahani Murg	95
Tender pieces of white chicken sautéed with ginger, onion, garlic and spices in a robust sauce garnished with cilantro.	0.5
*Chicken Tikka Saag19.5	95
Boneless pieced of chicken tikka mixed in a spinach sauce with Himalayan herbs and various Indian spices.	. =
*Chicken Tikka Masala19.9	15
Boneless chicken marinated in yogurt, charbroiled and sautéed in herbs. Simply fantastic!	^ -
*Chicken Karahi19.9	95
Boneless pieces of baked chicken, fresh green pepper and onion made in a karahi (a concave shaped pot like wok).	
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SHERE PUNJAB – LAMB SPECIALTIES (Dinner Menu)	
*Lamb Curry22.0	.00
Soft lamb sautéed in a thick curry sauce. We will tailor its spiciness to your taste.	
*Keema Mutter22.0	00
An ancient recipe of ground lamb, peas, coriander and ginger.	
*Lamb Do Piaza22.0	
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*Lamb Do Piaza	00 00 00 00 00 00 00
*Lamb Do Piaza	00 00 00 00 00 00 00
*Lamb Do Piaza	00 00 00 00 00 00 00 00
*Lamb Vindaloo. 22.0 *Elamb Vindaloo. 22.0 *Elamb Vindaloo. 22.0 *Elamb Dilruba. 22.0 *Soft lamb and mushrooms lightly steamed with fresh ginger, garlic, onion and Indian spices. *Lamb Rogan Josh. 22.0 *Cubes of lamb marinated in oriental Indian spices, sautéed with chopped tomatoes, shredded coconut in creamy sauce. *Lamb Badam Pasanda. 22.0 *Cubed pieces of lamb sautéed in special mild sauce, with almonds, cashews, and raisins. A Mughlai delight! *Lamb Saag. 22.0 *A kashmiri design – tender pieces of lamb with spinach, ginger, onions, fresh herbs, a touch of garlic and cream. *Lamb Karahi. 22.0 *Piece of tender lamb sautéed with Indian spices, fresh bell pepper and onions in a karahi. Served with small karahi (wok). *Nimboo Lamb. 22.0 *Lean pieces of lamb marinated in lemon juice and delicately spiced with whole black pepper. *Pudeena Lamb . 22.0 *Tender pieces of lamb sautéed and stewed in an aromatic curry flavored with fresh mint from the Punjab region. *Boti Kabab Masala 22.0 *Boti Kabab Masala 22.0 *Boti Kabab Masala 32.0 *Boti Kabab Masala 32.0 *Boti Kabab Masala 32.0 *Achar Lamb 32.0 *Achar Lamb 32.0	00 00 00 00 00 00 00 00
*Lamb Do Piaza	00 00 00 00 00 00 00 00 00

DELHI DARBAR (Dinner Menu)

*Tandari Chiakan	
*Tandori Chicken:	
bed of chicken of lettuce, garnished with cilantro.	
*Chicken Tikka:	
Tender boneless chicken pieces of white meat marinated in yogurt, herbs and Indian spices, roasted over Tandoor	
*Lamb Boti Kabab:	
Choice pieces of lamb chunks marinated in yogurt and Indian spices for 24 hours, sautéed on a skewer in Tandoor over a hot fire.	
*Shere Punjab Mixed Grill:	
Mixed platter of choice pieces of chicken tandoori, lamb kabab, tikka and tandoori shrimp, served in a bed of green.	
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BIRYANI – RICE SPECIALITIES (Dinner Menu)	
House Special Biryani (serves two)	
Saffron flavored basmati rice sautéed in butter with choice pieces of lamb, chicken, shrimps, almonds, vegetables, cashews	
and raisins; garnished with cilantro.	
Shrimp Biryani	
Fresh shrimp sautéed in butter with saffron flavored basmati rice, nuts, raisins and vegetables, garnished with herbs.	
Lamb Biryani	
Chicken Biryani	
Selected chicken pieces sautéed with basmati rice, vegetables, nuts and raisins; garnished with fresh herbs.	
Vegetable Biryani	
Long grain basmati rice sautéed with fresh vegetables in a blend of exotic herbs and Indian spices.	
All Divioni are sourced with abutuous and Daita	
All Biryani are served with chutneys and Raita	
BAY OF BENGAL CUISINE - SEAFOOD SPECIALITES (Dinner Menu)	
*Shrimp Vindaloo	
Shrimp sautéed with hot Indian spices in curry sauce with potatoes. From brave men of Madras!!!!	
*Shrimp Do Piaza	
Fresh Shrimp with green peppers onions, tomatoes and Indian spices.	
*Shrimp Curry	
Fresh shrimp in a robust onion and tomato base sauce of ginger, garlic, coriander and other herbs.	
*Shrimp Saag	
Served on a flavorful bed of spiced spinach and light cream. *Shrimp Korma	
Shrimp with creamy sauce and nuts.	
*Fish Curry	
Haddock in a robust onion and tomato base sauce pf ginger, garlic, coriander and other herbs.	
*Fish Masala	
Haddock marinated and cooked in tomato base sauce and light cream.	
*Shrimp Tandoori Masala	
In fresh herbs and cooked in a sauce of tomatoes and light cream.	
*Mixed Seafood Masala22.00	
Fresh shrimp, scallops, sautéed in fresh herbs and cooked in a sauce of tomatoes, light cream and Indian spices	
All dinners are served with basmati rice and chutneys.	
SIDE ORDERS	
SIDE ORDERS Mint Raita: Cool whipped homemade yogurt with tomatoes, cucumbers and fresh mint, Its cool!4.00	
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